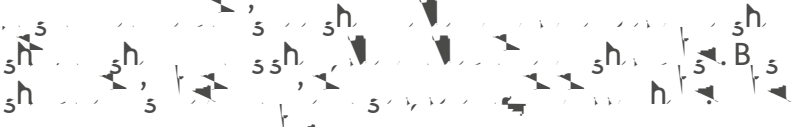




Do any of these statements apply to you?

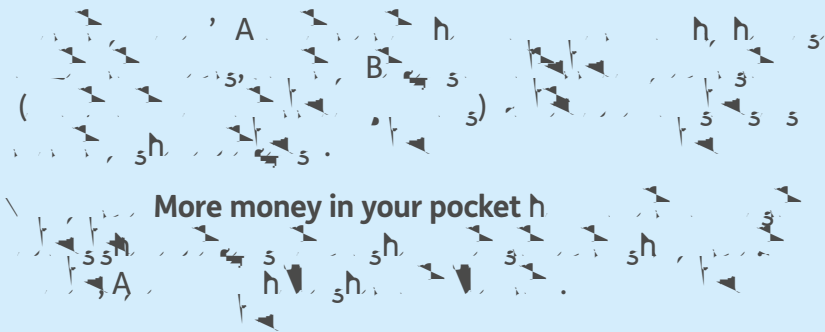
"I'm just doing what anyone would do in my position."



"I didn't choose to help my partner, I just had to – so I can't qualify for anything."



Good to know



How much is it worth?

Carer's Allowance **£81.90**

Can I claim it?

To qualify for Carer's Allowance, you must:

- be aged 16 or over and under 65 (or 67 if you are a woman who has been married or in a civil partnership)
- be responsible for caring for someone who is aged 18 or over, is severely mentally or physically disabled, and is unable to look after themselves without your help. This includes caring for someone who is blind, deaf, or has a learning disability. You must be caring for the person for at least 5 hours a week, and you must be the person who is primarily responsible for their care. You must also be the person who is primarily responsible for their care. You must also be the person who is primarily responsible for their care.
- be available for work, or to accept an offer of work, for at least 15 hours a week. This includes being available for work, or to accept an offer of work, for at least 15 hours a week.

What if I receive State Pension?

If your State Pension is less than £81.90 a week, you can claim Carer's Allowance to top it up to that level.

If your State Pension is more than £81.90 a week, then you

How do I apply?

There are different ways you can apply for Carer's Allowance:

Online

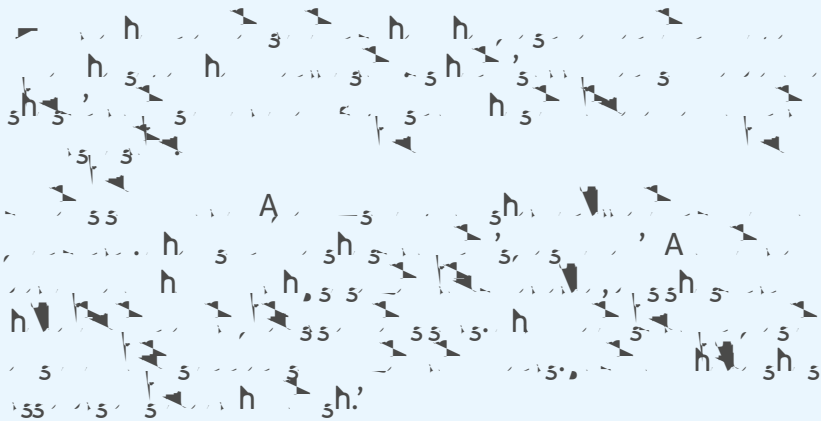
www.gov.uk/carers-allowance

Phone

0555 555 5555

if he could claim Carer's Allowance.

John, 76, had never thought of himself as a carer until a friend suggested he apply for Carer's Allowance.



Useful organisations

Age UK

Age UK Advice: 0800 169 65 65

www.ageuk.org.uk

Age UK Advice: 0300 303 44 98

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0800 169 65 65
www.ageuk.org.uk



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